

## “Bringing It Home”

When you return home from Trek, the community members in your village will still be working hard to complete the school you helped to build. As it is the communities' job to finish the school, it is your job to share your experience as much as possible. On Trek you will gain an incredibly unique perspective into the reality of life outside of your community, and it's important that others are able to learn and be inspired by your experience. The more people you can share your story with, the more people who will learn about buildOn, the more people who will join the movement, the more schools we will be able to build, and the more community members who will gain access to education! buildOn is all about breaking the cycle of poverty, illiteracy, and low expectations and by sharing your Trek experience you will be supporting our cause.

All students who go participate in a Trek are expected to earn

**a minimum of 8 “Bringing It Home” Points.**

‘Bringing It Home’ Points should be complete by:

What are “Bringing it Home” points? “Bringing It Home” points are specific ways you can share your Trek experience. All students are expected to complete at least four Powerpoint Trek presentations, but there are other ways you can share your experience as well. Check out the following pages for more details.

**Students who complete all of their “Bringing It Home” points and at least 50 hours of community service in the following school year will be recognized for their accomplishment!**



## What are “Bringing It Home” points?

Create your “Bringing It Home” Strategy below.

# Planned	# Completed	Tactics
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_____		<b>Traditional Trek Presentations (1 point each)</b>
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Use the PowerPoint presentation given to you by your buildOn Trek Specialist to give presentations to students and teachers at your school or a larger community.

\* Students must earn a **minimum of 4 points** in this category.

_____		<b>Trek in the Media (1 point each)</b>
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Write an article or do an interview via social media (such as a blog post) or in print: for your school newspaper, community newspaper, or school yearbook.

\* Students can earn a **maximum of 3 points** in this category.

_____		<b>Networking to Join buildOn (1 point each)</b>
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Interact with others to share your experience. For example, share a Facebook photo album with as many students as possible, distribute at least 25 *Trek-themed* invitations to students in your school to join buildOn (time your invitations to coincide with your presentations), or host a buildOn table at a club fair or open house at your school.

\* Students can earn a **maximum of 2 points** in this category.

_____		<b>Reflection (1 point each)</b>
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Perform or submit an expression piece to your buildOn Trek Specialist after taking time to reflect on your experience. See the Trek Reflection page in this Guide. Your Trek Reflection should be shared in some capacity with other buildOn members and the larger community.

\* Students can earn a **maximum of 2 points** in this category.

**“Bringing It Home” Points Record**

**Trek in the Media:** Please submit a copy of the article or video to your buildOn Trek Specialist and write the title or a description below.

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

**Networking (Check the appropriate box if completed):**

Write the URL of the photo album here \_\_\_\_\_

Please attach a copy of the invitations you made and the list of people you gave them to.

Please provide pictures of the table you hosted, or a copy of the list of the people who expressed interest in buildOn.

**Reflection (check box if complete):**

Please email your buildOn Trek Staff a copy of the expression piece(s) you wrote or perform your expression piece at a Post-Trek Workshop. Be sure to record it so you can then share it with others!

**Traditional Presentation Log (minimum of 4):**

TEACHER/ INSTRUCTOR	ROOM #	DATE & TIME	CLASS/ LOCATION	ALONE OR W/ PARTNER?	TEACHER SIGNATURE (upon completion)
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					

## Trek Reflection

Once you've returned home from Trek, take some time to reflect on your experience. Look in your journal at your notes, think back to your Chat Circles, look at the photos you took, remember the conversations you had. After you have reflected, you can earn a "Bringing It Home" point by writing an essay on one of the following three prompts. You may use the questions that follow to brainstorm ideas for your essay.

**Complete your essay on a separate sheet of paper. It would be best if it could be typed and submitted electronically to your Trek Specialist. Your essay should be at least one full page, typed, and double spaced. If you have questions, go ask your Trek Specialist!**

1. **The Values of Education** - Based on your Trek experience, how have your views on the importance of education changed?

What have you learned about the role of education in the lives of the villagers? How did the local population prioritize education? How does this compare to how you and your family prioritize education? What difference does buildOn make by building schools?

2. **Personal Growth** - How has your Trek experience changed your life?

Has Trek changed you? How do you plan to act on this change? What did you learn about yourself during this time? Has your Trek experience changed your ideas and perspectives of the world? How?

3. **Choose Your Own Topic** – Consider the topics below or select your own.

Write about: an individual from the community who impacted you, a memorable Chat Circle conversation, an educational cultural workshop, what you learned about your Pre-Trek 3 Presentation topic, compare and contrast American and your Trek country's culture